

December 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Calendar Key</p> <p>MR = Media Room GR = Grand Room 🔪 = REQUIRED sign up @ desk 🏃 = Resident Run Activity 💰 = Activity Cost to Resident 🎬 = Movie in MR</p>	<p>NIGHTLY MOVIE IN MR @ 6:30</p> 	<p>1</p> <p>9:30 Senior Stretches 🏃 10:30 Donuts & Coffee w/ Kelly in G.R. 🏃 11:00 Bingo 🏃 1:30 Holiday Craft 🏃 3:00 Pool in M.R. 🏃</p>	<p>2</p> <p>9:30 Chair Aerobics 🏃 10:00 Shopping! 💰 🏃 11:00 Bingo 🏃 1:00 Wii sports 🏃 2:00 Card Games 🏃 3:00 Bar Cart</p>	<p>3</p> <p>9:00 Men's Breakfast 🏃 9:30 Senior Stretches 🏃 2:00 Card Games 🏃 6:00 Singing Christmas Tree 🏃</p>	<p>4</p> <p>9:30 Chair Aerobics 🏃 10:00 Golf in Lobby 🏃 10:00 Shopping 🏃 1:00 Wii Sports in MR 🏃 3:00 Pool in M.R. 🏃 3:00 Bar Cart 🏃</p>	<p>5</p> <p>11:00 Bingo 🏃 6:30 Movie in MR 🎬 4- 6 Christmas dinner and entertainment</p>
<p>6</p> <p>11:00 Bingo 🏃 6:30 Movie in MR 🎬</p>	<p>7</p> <p>9:30 Chair Aerobics 🏃 2:00 Hot Cocoa & Marshmallows by the Tree & Fire! 🏃 3:00 Bar Cart 5:00 Children's Simonetta</p>	<p>8</p> <p>9:30 Senior Stretches 🏃 11:00 Bingo 🏃 3:00 Bring your gift to the Front Desk & We Will Wrap It! 🏃</p>	<p>9</p> <p>9:30 Chair Aerobics 🏃 10:00 5 Mile Errands 🏃 11:00 Bingo 🏃 12:00 Golden Girls Lunch 🏃 1:00 Wii Sports in MR 🏃 2:00 Christmas Sweater Contest wear your favorite Christmas Sweater in GR 🏃 3:00 Bar Cart</p>	<p>10 B/P CHECKS</p> <p>9:30 Senior Stretches 🏃 2:00 Card Games 🏃 4:00 Pool in M.R. 🏃 3:00 Christmas Trivia 🏃</p>	<p>11</p> <p>9:30 Chair Aerobics 🏃 10:30 Shopping 💰 🏃 12:30 Eggnog in Lobby 🏃 1:00 Wii Sport in MR 🏃 2:00 Poker w/ Clarence GR 🏃 3:00 Bar Cart 6:30 Movie in MR 🎬</p>	<p>12</p> <p>11:00 Bingo 🏃 6:30 Movie in MR 🎬</p>
<p>12</p> <p>11:00 Bingo 🏃 6:30 Movie in MR 🎬</p>	<p>14</p> <p>9:30 Chair Aerobics 🏃 1:00 Card Games 2:00 Pool in M.R. 🏃 1:00 Games in G.I. 2:00 Christmas Tea Gathering Room 3:00 Bar Cart</p>	<p>15</p> <p>9:30 Senior Stretches 🏃 2:00 Snack n Chat w/ Kelly & Christmas Carols 🏃</p>	<p>16</p> <p>9:30 Chair Aerobics 🏃 10:00 Wear your favorite Christmas Socks 🏃 10:00 Shopping 💰 🏃 12:00 ROMEO Lunch 🏃 11:00 Bingo 🏃 1:00 Wii sports 🏃 3:00 Bar Cart</p>	<p>17 B/P CHECKS</p> <p>9:30 Senior Stretches 🏃 1:00 Pool in M.R. 🏃 2:00 Cards 🏃</p> <p>SPECIAL ENTRÉE DINNER Chordsmen Christmas 🎩</p>	<p>18</p> <p>9:30 Chair Aerobics 🏃 10:30 Shopping 🏃 11:00 Pool & Brews in M.R. 🏃 1:00 Wii Sports in MR 🏃 6:30 Movie in MR 🎬 2:00 White Elephant Gift Exchange & Fun in GR 🏃 3:00 Bar Cart</p>	<p>19</p> <p>11:00 Bingo 🏃 6:30 Movie in MR 🎬</p>
<p>20</p> <p>11:00 Bingo 🏃 6:30 Movie in MR 🎬</p>	<p>21</p> <p>9:30 Chair Aerobics 🏃 12:30 Pool in M.R. 🏃 2:00 Piano Christmas Music by Townsend 🏃 3:00 Bar Cart</p>	<p>22</p> <p>9:30 Senior Stretches 🏃 2:00 Coffee, Tea & Thee Christmas Scripture by the Fireplace 🏃</p>	<p>23</p> <p>9:30 Chair Aerobics 🏃 10:00 Shopping 💰 🏃 11:00 Christmas Bingo 🏃 1:00 Wii Sports in MR 🏃 3:00 Christmas Trivia 🏃 2:00 Card Games 🏃 3:00 Bar Cart</p>	<p>24 B/P CHECKS</p> <p>9:30 Senior Stretches 🏃 1:00 Food Committee Mtg. in Bar area 1:00 Wii Sports in MR 🏃 2:00 Board Games 2:00 Christmas Scripture by Fireplace & Eggnog 🏃 3:00 Pool in M.R.</p>	<p>25 All Events Cancelled</p> <p>MERRY CHRISTMAS TO ALL!</p> <p>Meals will be served to those who signed up on meal plan</p> 	<p>26</p> <p>11:00 Bingo 🏃 6:30 Movie in MR 🎬</p>
<p>27</p> <p>11:00 Bingo 🏃 6:30 Movie in MR 🎬</p>	<p>28</p> <p>9:30 Chair Aerobics 🏃 1:00 Card Games 🏃 3:00 Bar Cart 🏃</p> 	<p>29</p> <p>9:00 LOL Breakfast 🏃 9:30 Senior Stretches 🏃 11:00 Bingo 🏃 1:00 Pool in M.R. 🏃</p>	<p>30</p> <p>9:30 Chair Aerobics 🏃 10:00 Shopping 💰 🏃 11:00 Bingo 🏃 12:00 Birthday Luncheon 🏃 1:00 Wii Sports in MR 🏃 2:00 Craft 🏃 2:00 Card Games 🏃 3:00 Bar Cart</p>	<p>31 NEW YEARS EVE</p> <p>9:30 Senior Stretches 🏃 11:00 PM New Year Eve MR Party 🏃 1:00 Wii Sports in MR 🏃 2:00 Card Games 🏃 6:00 Singing Christmas Tree 🏃</p>	<p>On Behalf of the Carolina Highlands and staff, we would like to extend Happy Holidays and Merry Christmas to all!</p>	<p>Please Excuse our Mess while our Elves Decorate for Christmas!</p> 

DECEMBER HIGHLIGHTS

WEEKLY ACTIVITIES

MONDAY:
9:30 CHAIR AEROBICS
3:00 BAR CART

TUESDAY
9:30 SENIOR STRETCHES

WEDNESDAY
9:30 SENIOR STRETCHES
1:00 WII SPORTS
3:00 BAR CART

THURSDAY
9:30 SENIOR STRETCHES

FRIDAY
9:30 CHAIR AEROBICS
1:00 WII SPORTS
3:00 BAR CART

MONDAY:

DEC 2nd Resident Council Meeting
DEC 9th Hot Cocoa & Marshmallows by the Tree (SIGN UP TO ATTEND)
DEC 16th Christmas Tea with Highland Choir and “What is Christmas” Program in the Gathering Room
DEC 23rd Classic Christian Piano Music by MR. Townsend

TUESDAY:

DEC 3rd Holiday Craft (SIGN UP TO ATTEND)
DEC 10th Bring Your gift to the Front Desk and we will wrap it (SIGN UP TO ATTEND)
DEC 24th LOL Breakfast (SIGN UP TO ATTEND)
DEC 24th Coffee, Tea & Thee with Christmas Carols by the Fireplace

WEDNESDAY:

DEC 11th Golden Girls Lunch (SIGN UP TO ATTEND)
DEC 11th Christmas Sweater Contest and Music by Saint Patrick’s Children Choir
DEC 18th ROMEO LUNCH (SIGN UP TO ATTEND)
DEC 18th Wear your favorite Christmas Socks Contest

THURSDAY:

DEC 5th Men’s Breakfast (SIGN UP TO ATTEND)
DEC 5th Singing Christmas Tree; Meet in the Lobby to leave at 6pm (SIGN UP TO ATTEND)
DEC 12th Christmas Trivia
DEC 19th Chordsmen Christmas Entertainment and Special Entrée dinner

FRIDAY:

DEC 13th Eggnog in the Lobby
DEC 20th White Elephant Gift Exchange & Fun (Buy a gift up to \$10 and join us for our gift exchange)

DECEMBER

7th Patricia Thomson
 20th Charles Holahan
 20th Pastor Dorothy Batts
 30th Donald ORR



DAILY MOVIE IN MR @ 6PM

